



Individual winners by category

Trencin Open 2019 - Poomsae & Para Poomsae

Male

Category: Free Ind: Free 17 Male B

- | | | | |
|---|---|--|------------|
| 1 |  | SKP Ryong Taekwondo Bratislava
Matus Matejka | SVK |
| 2 |  | Ilyo - Taekwondo Trenčín
Matus Janco | SVK |

Category: Free Ind: Free plus 17 Male A

- | | | | |
|---|---|--|------------|
| 1 |  | A.S. Sarisa
Dimitrios Alepliotis | GRE |
|---|---|--|------------|

Individual winners by category

Trencin Open 2019 - Poomsae & Para Poomsae

Female

Category: **Free Ind: Free plus 17 Female A**

1



A.S. Sarisa
Sofia Vasileiadi

GRE

Category: **Free Ind: Free Kids Female C**

1



SKP Ryong Taekwondo Bratislava
Natalia Zagyoiva

SVK